



### **CONFIDENTIAL SERVICES PROVIDED:**

Delta's Counselors are committed to maintaining confidentiality in the counselor/client communications as prescribed by professional ethical standards and legal requirements. There are circumstances under which confidential treatment information may be disclosed. You will be advised of these limited circumstances at the time of service. Delta College Counseling Services welcome all students. Services provided by the staff include:

**Personal Counseling:** Sometimes life at college brings with it self-doubt, worries, or confusion about values. Talking with a professional counselor may help you identify and clarify issues and in finding the coping resources to successfully confront them. Individual counseling is a partnership endeavor where both the counselor and you work together toward your growth, happiness and fulfillment. Referrals will be made when warranted.

**Career Counseling:** Answers to questions, such as "What career? What major? Or what college?" are the outgrowth of understanding one's self. They require: time and thought; assessing your interests and abilities; realistic planning and career information; and recognizing your own style, purposes, and values. Talking with a professional counselor will allow you to discuss your current situation, your hopes, your dreams, your fears, and your questions. In addition, we can help you explore your interests, personality style, values, and some special aptitudes.

**Educational Counseling:** Professional counselors can help you with test anxiety, budgeting your study time, procrastination, motivation, and assessing other barriers to your education.

*\*\*In-person or virtual options available for above services. Mental health practitioners at Delta College are licensed in the State of Michigan. Delta's counseling services are available to current Delta College students who are located in the state of Michigan at the time of service. Students who are located outside of Michigan may be supported for an initial consultation only and referred to follow-up with local agencies in their state.\*\**

### **DELTA COLLEGE COUNSELORS:**

#### **Melanie Dancer, MA, LPC**

##### **Professional Counselor**

Ms. Dancer received her M.A. in Counseling from Central Michigan University and has been a counselor working in higher education for 20+ years. Melanie has taught career and self-exploration classes at CMU and at Delta and has worked as an addiction therapist. She is a member of American Counseling Association and the National Career Development Association. In 2011, Melanie completed Counselor supervision training. She has experience working with students on issues such as anxiety, depression, career exploration, and self-esteem. Melanie has also received training in Safe Space, Grief and Loss counseling, and counseling individuals with ADHD.

#### **Erica Robb, MA, LPC, Doctoral Candidate**

##### **Professional Counselor**

Ms. Robb received her M.A. in Professional Counseling from Central Michigan University. She has experience working with survivors of domestic violence, sexual assault and extensive trauma history. She has worked with clients of all ages and backgrounds, including individuals seeking substance abuse treatment as well as the

correctional population. Ms. Robb has training in crisis intervention, Trauma Recovery and Empowerment Model (TREM), as well as Trauma-Focused Cognitive Behavioral Therapy (TF- CBT). Erica is currently working on her dissertation for completion of her Doctorate in Educational Leadership.

**Sevia Reyes, CMU Counseling Intern, MA Candidate**

Ms. Reyes is currently a counselor in training at Central Michigan University pursuing a Master's of Arts in Clinical Mental Health Counseling program. The courses taken have allowed her to gain knowledge and skills in counseling theories, multicultural issues, development across the lifespan, assessments and research, career counseling, couples and family, addiction and diagnosing treatment planning. She is also a member of the American Counseling Association and Mu Kappa Chi Sigma Iota. Sevia has experience working with anxiety, depression, grief, anger and other related topics with various age groups. Sevia will be under the supervision of Melanie Dancer and Erica Robb with the anticipated graduation date of December 2024.

**COUNSELING FEES** - Free to current students of Delta College.

**COUNSELING REFERRALS** – Delta Counseling Services provides brief, solution focused counseling appointments. Counseling services are limited to ten sessions maximum. Counselors will provide students with thoughtful, appropriate referrals to alternative agencies if the student would like continued services, or counselors do not have the necessary skills training to best assist the student.

**LICENSING INFORMATION AND SUSPECTED LICENSE VIOLATIONS:** Michigan Department of Licensing and Regulatory Affairs, Bureau of Professional Licensing, Investigations & Inspections Division, P.O. Box 30670, Lansing, MI 48909 (517) 241-0205