



# Virtual Care 2024

Previously Blue Cross Online Visits<sup>SM</sup>



## Virtual care that's always there

**Virtual Care** by Teladoc Health<sup>®</sup> is for you and everyone on your plan. It includes:

**Virtual 24/7 care:** For minor illnesses and injuries, talk with U.S. board-certified doctors 24/7. You don't need an appointment.

**Virtual mental health:** To meet your mental health needs, choose from licensed therapists and U.S. board-certified psychiatrists. Available by appointment, including nights and weekends.

### SIGN UP TODAY

Visit [bcbsm.com/virtualcare](https://bcbsm.com/virtualcare) for a link to download the Teladoc Health app.



**READY  
TO HELP**



*All Virtual Care services from Teladoc Health are separate from virtual care other providers may offer. Remember to follow up with your primary care provider. Your plan may have copayments, deductibles and out-of-pocket costs.*



Teladoc Health<sup>®</sup> is an independent company that provides Virtual Care Solutions for Blue Cross Blue Shield of Michigan and Blue Care Network. Blue Cross Blue Shield of Michigan and Blue Care Network are nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association.